Women Warriors Newsletter

Women Veterans Program Providence VA Medical Center Rhode Island

We Salute YOU!

Department of Veterans Affairs

Spring 2012

WOMEN VETERANS HEALTH CARE Salute National Women's History Month Department of Veterana Affairs

March is Women's History Month, and what better time to pause and reflect on the changing face of women Vet-This generation of women Veterans is part of an historical turning point for women's involvement in U.S. military operations. Women Veterans now make up 11.6% of returning Veterans. These women are leaders and survivors. VA salutes them and stands ready to help them write the next chapter of their own history with education and employment benefits, high quality healthcare services at VA facilities, as well as access to a variety of other VA benefits for which they have earned and deserve.

To learn more, visit the Center for Women Veterans or www.womenshealth.va.gov Page 2 Women Warriors Newsletter

World War II Women Veterans: Be a part of History!

Your Women's Health Care Team

Dr. Dawna Blake, Women's Health Care Director

Pilar Capili, RN, Clinic Coordinator

Beth Grady, LCSW, Women Veterans Program Manager

Stacey DeOrsey, Social Worker

Laura Akinola, Patient Care Assistant

Joan Bateman-Smith, Patient Care Assistant

Yolanda Tangui, Patient Care Assistant

Dr. Jon Bas, Provider

Karen Chase, NP, Provider

Dr. Joan Karl, Provider

Dr. Neha Pathak. Provider

Joyce Simon, NP, Provider

Dr. Natalie Mariano, Hyannis CBOC, Provider

Cheryl Collins, NP, Hyannis

Dr. Terri Tamase, Middletown CBOC, Provider



WORLD WAR II WOMEN VETERANS

We are gathering your stories - why you chose to join the military, what your experience was like in the service, and how this experience affected your life thereafter. We will record these stories on tape then transcribe and save them to make them available for young people to learn about the History of Women in World War II.

The stories will go to the URI Library Archive. In addition, we will write and produce an educational play to present free to schools and the general public. For further information or to make an appointment to tell about your experience, Call Steven Pennell at URI Providence Campus 401-277-5206 or uri.artsandculture@gmail.com.

Gynecology Services at Providence!

Providence VA Medical Center Welcomes Dr. Vinita Goyal, MD, MPH!

Dr. Goyal is an assistant professor of obstetrics and gynecology at The Warren Alpert Medical School of Brown University. She is a member of the American College of Obstetricians and Gynecologists, the Association of Reproductive Health Professionals, and the Society of Family Planning. (continued page 4)

We're on the WEB! www.providence.va.gov/ Women_Veterans_Program.asp Spring 2012 Page 3



DAY of BEAUTY

Women Veterans were pampered by the Empire Beauty School in March 2012 in honor of those who served. Women from the Holly Charette house and other Veterans were treated to a day of facials, haircuts, and manicures.

I am woman! I am invincible! I am pooped! ~Author Unknown



Did you know that comprehensive caregiver support services are available to seriously injured post-9/11 Veterans and their family caregivers? Eligible Veterans are those who sustained a serious injury—including traumatic brain injury, psychological trauma or other mental disorder—incurred or aggravated in the line of duty, on or after September 11, 2011. Some of the services may include skilled nursing, home health aides, respite, and home modifications. Additional services may include a monthly stipend as well.

Please contact the National Caregiver Support Line at 1-855-260-3274 toll-free and/or www.caregiver.va.gov or our local Caregiver Support Coordinator at (401) 273-7100, ext. 3283.

Numbers to Know; Numbers to Grow

Eligibility & Enrollments: 401-457-3300

OEF/OIF Program Manager: 401-273-7100, ext. 6137

Veterans CRISIS Line (formerly called the Mental Health hotline) 1-800-273-TALK (8255)

Telephone Assistant Program (TAP) Line 401-457-3336 1-866-590-2976

Homeless Resources 401-273-7100, ext. 3553

Hotline for Homeless Veterans 1-877-424-3838

State of Rhode Island Department of Human Services Division of Veterans Affairs 401-254-8460

Veterans Benefits Administration, Women Veterans Coordinator 401-223-3651

Human services and helping agencies 2-1-1

My HeatheVet: Eileen Kirshenbaum 401-273-7100 ext 3693

VET CENTERS:

Warwick: 401-739-0167 New Bedford: 508-999-6920 Hyannis: 508-778-0124

Department of Veterans Affairs

Providence VA Medical Center 830 Chalkstone Avenue Providence, Rhode Island 02908

(401) 273-7100

Hyannis CBOC

VA Primary Care Center 233 Stevens Street Hyannis, MA 02601-3766 Phone: (508) 771-3190

Middletown CBOC

One Corporate Place (West Main Road at Northgate Road)

Middletown, RI 02842 Phone: (401) 847-6239

New Bedford CBOC

 $175 \; \mathrm{Elm} \; \mathrm{Street}$

New Bedford, Mass 02740 Phone: (508) 994-5489 (Dr. Goyal—Continued from page 2)

Dr Goyal will be providing basic gynecology services to our women Veteran Population. Women & Infants Hospital of Rhode Island recently named Vinita Goyal, MD, MPH, its newest Women's Reproductive Health Research (WRHR) Scholar; thus, she will be conducting research to enhance the overall provision of services to women.

"Female military veterans are the fastest growing population of new VA users, and many are choosing to seek health care within the VA system," Dr. Goyal noted. "There are gaps in the provision of women's health care within the VA system that the government is committed to understanding and addressing."

Welcome Dr Goyal!



TENTS TO TEA is a great opportunity to meet other women Veterans. Come and join us for refreshments, and let us show you our appreciation for your service. Tents to Tea is held every quarter and the next two dates are:

July 27th 9:30 a.m. to 11:00 a.m., 5th floor, classroom 3

The Providence VA Medical Center is committed to meeting the unique needs of women Veterans by delivering the highest quality health care to each woman, while offering her the privacy, dignity, and sensitivity to gender-specific needs that she deserves. Our full time Women Veterans Program Manager is ready to assist you in getting timely access to the health care you need. Beth Grady, LCSW, Women Veteran Program Manager, (401) 273-7100, ext. 6191

